



# MIND, AI, and CONSCIOUSNESS

## Community Guidelines

A Guide for the Mind, AI, and Consciousness community

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*“The Pirate Code is more like guidelines” – Captain Barbossa*

## Overview

This document covers the terms of community for the membership of the Mind, AI, and Consciousness collective operating under the BC+AI Ecosystem.

NOTE WELL that MAC is focused on in-person participation through the in-person Deepdive dialogue experience where the WhatsApp and Discord platforms support them – neither social platform is the primary focus for the MAC community. They provide a bridging mechanism between events, as well as point of contact for sharing information.

## Historical Context

The MAC group originally formed when 9 members of the BC+AI community met in-person to discuss MAC and establish its format and intention. Those co-founding members acted as informal guides for the group in its growth and evolution for the first 8 months of existence. The MAC Actual steering committee was then formed in November 2025 with some further definition of its role in guiding the MAC group.

During both periods, the guidance provided to the group was informal and undocumented, following the dictum of one of the co-founders - “Loose grip, tight ship” - to ensure focus, purpose, and direction were readily evident by example, as well as by direction and action.

In February 2026, this document was requested by one of the members and deemed appropriate for a community group that had grown to over 220 members.

## MAC Actual

MAC Actual is a group with 9 positions on an informal steering committee. Membership is varied on a roughly annual basis to individuals who have significantly participated in Deepdives and shown care and concern for the nature and future of MAC.

MAC Actual acts collectively and individually to guide the overall MAC group. MAC Actual reserves the right to disinvite members of MAC based on their adherence to the Community Guidelines.

Anyone with questions about MAC Actual or concerned about how the group is being guided can email to [MAC@noocore.com](mailto:MAC@noocore.com)

## Commitments

From its inceptions, MAC has cleaved to the following intentions:

- Participation



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- Intentional effort
- Individual insights
- Collective growth

## Deepdives

Members of the MAC group – up to 20 at a time – meet monthly in-person to discuss a specific topic, having viewed various documents, podcasts, and videos. Registrants must have introduced themselves on the WhatsApp list at minimum. There is no cost. Downtown Vancouver (location upon sign-up).

Previous (and upcoming) Deepdive topics and reading lists are available at

<https://mac.bc-ai.ca>

## Keys to Community

The membership of the MAC group is asked to observe the following guidelines to their participation in the group. Members of MAC Actual intervene as necessary to inform and direct members when there is some clear divergence from these terms. Suggest additional or different guidelines as needed.

## Membership

All participants in MAC forums must be human with limited tech intermediation. Deepdives are in-person. On forums, we aim to have actual people reading actual postings. We do not want our data siphoned off for opaque reasons or to be the subject of anyone's social experiments.

We are open to all levels of experience, knowledge, and skills – of all different vocations and interests. There is room for everyone at their own pace. New additions to the WA forum are asked to introduce themselves first to catch bots.

NOTE: We do not expect everyone to read everything (on the Deepdive reading lists or postings) - so we aim to use technology judiciously to enable people to stay connected and contribute (e.g. sync'ing WA and Discord channels for ease of access).

## Chatham House rules

All discussions in Deepdives follow Chatham House rules. Anything said can be repeated but without attribution to any individual or claiming attribution oneself. This is for safety. Any participant can waive their Chatham House coverage at any event.

Given their relatively public nature and limitations of enforcing a shared understanding, the WA and Discord lists are not designated Chatham House.



## Data copyright

MAC group respects the copyright and authorship of contributors. Members retain any copyright in their contributions. By participating, members effectively give permission for the use of their contributions for community purposes.

Any derivative or original data generated through community projects will be considered separately to ensure copyrights are respected. Be forewarned that postings on WhatsApp and Discord are subject to those platforms' terms of use.

## Focus on Emerging AI wrt Human Mind/Consciousness

Keep discussions focused on emerging AI events/research and how they pertain to aspects of human consciousness. Go as far out as you like but be prepared to tie it back to the main focus.

E.g. Recent publications exploring the topology of LLM embedding spaces

E.g. The Moltbook or Spiral Personas phenomenon, both socially and technologically

E.g. Artificial intimacy between AI and humans

## Be civil and substantive

All contributions to discussion should be respectful and be substantial.

E.g. No shitposting, no posting of marketing materials

E.g. Treat everyone as someone deserving respect

## Assist others in understanding

Where possible, indicate your sources when making statements – if your posting is simply your unsubstantiated opinion or intuition, say so. Otherwise, help people discover your sources and basis of your views easily.

E.g. Reference expert authorities by name or theories by familiar labels

E.g. Offer to substantiate upon request anything personal you have contributed

E.g. If posting a link to some material, give a quick summary of what it offers

## Be curious

Ask people for clarification and underlying definitions in use. Check their assumptions (and your own) throughout the conversation. Be open to seeing what they are offering, even if you disagree with their perspective.

E.g. Consider there are over 300+ current theories of consciousness ([Kuhn](#))

E.g. "Theories of consciousness are like a toothbrush – everyone has one, no one wants to use anyone else's"



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Contributing to the #mac-dictionary channel on Discord will help provide a basis for shared understanding.

## Dialogue – not monologue

Note whether the person you are exchanging with is responsive to and curious about your postings. If someone is not engaging or simply reacting without reading carefully, consider dis-engaging. Dialogue – not monologue – is the preferred goal. Alternatively, switch to asking questions (over making statements) to learn more about what they are trying to say.

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## PARTICIPATION

Everyone should keep participation in mind as the central tenet. Offer yours, encourage others.

### Use of (and help build) our dictionary

Apart from conventional terms of art from philosophy and science, there are many specific terms that may be unfamiliar to most of the group. You may have coined terms yourself. You may use familiar terms in a unique way. Check out the **#mac-dictionary** forum channel on the **MAC Discord**. This will help everyone including newcomers come up to speed and reduce repetition.

Follow the posted conventions – add terms or expand definitions with sources

### Get involved in Deepdives

MAC is primarily about the in-person experience (so far). The discussion groups are intended to bridge between Deepdives as opposed to being the primary focus. Social events are the secondary benefit.

### Use LLMs as needed to parse (and respond)

There is a wide variety of backgrounds and depths of knowledge present in the group.

If people use technical terms you don't know or make unfamiliar references, try parsing their response with an LLM and ask it questions for clarification. If appropriate, sparingly use the LLM to formulate an effective response, but only if it reflects your personal views in a substantial way.

DO NOT use LLMs to generate responses that are not based on your views

DO NOT use LLMs to generate deliberately obscure and jargon-ridden responses

DO share paraphrased passages that you think will help others understand better

### Engage on Discord

The MAC WhatsApp group is sync'd to the MAC channel #mac-chat on the BC+AI Discord. In addition, there are multiple other channels – specific to Deepdives, topics, or contributions such our growing



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#mac-dictionary channel where members can define the terms they are using (or comment on the existing terms).

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